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ABSTRACT

This is a list of recommendations for a neophyte teacher for discussions with students on drugs, alcoholism, and smoking. Included are suggested readings, suggested questions for the school's drug education coordinator, recommended readings, and New York sources of information. (Related document is SP 006 468.) (JA)

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SUGGESTED ACTIVITIES ON SOCIOLOGICAL HEALTH PROBLEMS:

DRUGS

ALCOHOLISM

SMOKING

FOR STUDENT TEACHERS

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
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Committee on Sociological Health Problems:
Drugs, Alcoholism, and Smoking

Division of Programs in Education
Hunter College of the City University of New York

December, 1972.

SP 006 467

FILMED FROM BEST AVAILABLE COPY

December, 1972

Dear Student Teacher:

The basis of this document was a study guide I prepared for my 60.369* class. I requested Professor Appell to comment on how I could improve the study guide. His excellent suggestions were incorporated into this pamphlet.

Neither Professor Appell nor I feel that this pamphlet contains the ultimate set of guidelines for the neophyte teacher. As you work through the suggested activities and recommended readings and when you have discussions with your students on drugs, alcoholism, and smoking, you will become aware of the items in this pamphlet which are especially useful and the types of items which need to be added. Please send us your suggestions so that we can prepare a better pamphlet.

Cordially,

Bernice Samalonis

* 60.369 - Secondary School Programs and Practices

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I. SUGGESTED ACTIVITIES

1. Talk to the Drug Education Coordinator at your school. Discuss the following topics with him:

   (a) the extent to which the use of drugs alcoholism, and smoking create problems at your school.

   (b) the programs your school sponsors to prevent drug addition and alcoholism.

   (c) the programs your school sponsors to help students and faculty members to quit smoking.

   (d) the types of community-sponsored prevention and treatment centers that are available to your students.

2. Discuss how you can provide your students with information about the effects of (a) the use of drugs, (b) alcoholism, and (c) smoking on the individual and his society.

3. Discuss how you would handle these situations:

   (a) One of your students becomes ill. He falls to the floor. He's unconscious.

   (b) One of your students is asleep. You suspect he is on drugs.

   (c) Your principal believes a student is on drugs and orders you to search the student's locker to obtain evidence.

   (d) A student is having the D.T.'s in your class.

   (e) You are at a faculty meeting. About 80% of the teachers are smoking. You are allergic to smoke.

4. Read the following article.

   deLone, Richard H. "The Ups and Downs of Drug-Abuse Education," Saturday Review of Literature. LV (December, 1972) 27-32.

   Which recommendations given in this article should be incorporated into school programs? Why?

5. Look through these publications:

   (a) A Multimedia Reference Listing of Materials on Drug Education (Albany, New York: State Education Department, 1971)

   (b) Resource Book for Drug Abuse Education. (Washington, D.C., National Clearinghouse for Mental Health Information, 1969)

   Which materials would you like to use in your class?

   What criteria would you use for evaluating materials?

6. How would you react to this statement:

   The use of alcohol causes more damage to the brain than the use of heroin.

7. Look through these publications:

   (a) Alcohol - A Resource Bulletin for Teachers. Curriculum Bulletin, 1971-72, Series No. 4, New York: Board of Education, 1972.

   (b) Curriculum Guide on Smoking for the 5th and 6th Grades. Hartford, Conn.: Greater Hartford Interagency Council on Smoking and Health, n.d.

   (c) Guidelines Governing Emergency Care Procedures Involving Drug Abuse. New York: Board of Education, June, 1971.

   (d) Prevention of Narcotics Addiction and Substance Abuse. Curriculum Bulletin, 1966-67 Series, No. 16. New York: Board of Education, 1967.

   (e) Sociological Health Problems: Alcohol, Drugs and Narcotics, Smoking, Grades 4,5,6. Albany, New York: State Department of Education, 1967.

   (f) Sociological Health Problems: Alcohol, Drugs and Narcotics, Smoking, Grades 7,8,9. Albany, New York: State Department of Education, 1967.

   (g) Sociological Health Problems: Alcohol, Drugs and Narcotics, Smoking, Grades 10,11, and 12. Albany, New York: State Department of Education, 1967.

   After looking through the publications listed above, answer these questions:

   (a) How should the teacher handle emergencies?

   (b) To whom should teachers refer students who are taking drugs, smoking too much, or drinking too much?

   (c) Which of the suggested classroom activities are especially useful to the new teacher?

II. RECOMMENDED READINGS

BOOKS

Block, Marvin A. Alcohol and Alcoholism - Drinking and Dependence. Belmont, California: Wadsworth Publishing Co., 1970.

Brenner, Joseph H., Robert Coles, Dermot Meagher. Drugs and Youth - Medical, Psychiatric, and Legal Facts. New York: Liveright, 1970.

Child Study Association of America. You, Your Child and Drugs. New York: Child Study Press, 1971.

Diehl, Harold. Tobacco and Your Health: The Smoking Controversy. New York: McGraw-Hill, 1969.

Fort, Joel. The Pleasure Seekers: The Drug Crisis, Youth and Society. New York: Grove Press, 1969.

A Time Guide - Drugs and the Young. New York: Time Education Program, n.d.

PERIODICALS

The Attack on Narcotic Addiction and Drug Abuse. Published by the New York State Addiction Control Commission, Albany, New York, 12203.

Drugs and Drug Abuse Education Newsletter. Published by Scope Publications, Inc., 1120 National Press Building, Washington, D. C., 20004.

Drug Education Report. Published by the National Coordinating Council on Drug Education, 1211 Connecticut Avenue, N.W., Washington, D.C., 20036.

III. LOCAL SOURCES OF INFORMATION

Alcohol

National Council on Alcoholism
2 Park Avenue
New York, New York 10016

Phone: 889-3160

Drugs

Narcotic Education Center
Narcotic Addiction Control Center
507 Columbus Avenue
New York, New York 10024

Phone: 799-6940

Smoking

American Cancer Society
44 East 53rd Street
New York, New York 10022

Phone: 759-3500